

August 2025

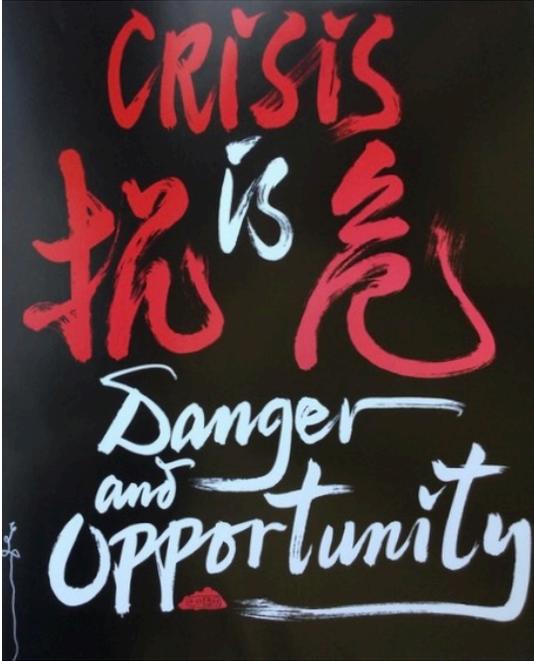
Dear Living Tao friends:

We have just joyfully, and with much gratification and gratitude, closed the Open Circle of the 3-week Summer Seminar at our River House in Oregon. It was wonderful to welcome faithful old friends and new members to join the ongoing learning at our home base overlooking the Rogue River; dancing along with the “Watercourse Way”, flowing towards the Pacific Ocean. Such is the gift and good fortune that we must never take for granted.



A special bonus, and excellent excuse to celebrate with "Dancing Joy", was the occasion to make a little fuss of my 88th birthday in the second week of the seminar. Heart-fully acknowledging that the "Double Eight" was an auspicious sign for this annual gathering of our international Tai Ji Family members. Much smaller, but no less significant, than our HUGE gathering here of 270 friends from 17 countries at my 70th plus Living Tao's 30th year, to call it a Centennial in 2007. It was especially timely to welcome back Bob Walter, my younger sibling and heir of the teaching of Joseph Campbell, for the first time since Bob presided over the Big Centenary Party. How quickly 18 years have gone by!

As I look forward to continuing our seasonal monthly Zoom sessions, I will be sharing a few current *awakenings* with *centering thoughts* and *renewed awareness*.



With recent years of man-made and natural disasters, often dragging our spirits down to the depths, I venture to maintain my good faith and hope for the return of common sense, sanity and decency. Hoping for human-hearted compassion TO RETURN reminding us of the wisdom in the Chinese interpretation of CRISIS to be both,

危 Danger and 機 Opportunity.

A new T-shirt and poster have been created from this older poster I made many years ago.

## LET LIFE LIVE THROUGH YOU!

As I am now in my 89th year, this Roger Keyes poem quoting Hokusai sayings is most relevant and comforting for many of us hoping to properly “Sage” instead of Aging reluctantly. (*Hokusai Says by Roger Keyes*)

Hokusai says look carefully.  
He says pay attention, notice.  
He says keep looking, stay curious.  
Hokusai says there is no end to seeing.

He says look forward to getting old.  
He says keep changing,  
you just get more who you really are.  
He says get stuck, accept it, repeat  
yourself as long as it is interesting.

He says keep doing what you love.

He says keep praying.

He says every one of us is a child,  
every one of us is ancient

Everything lives inside us.  
He says live with the world inside you.

He says it doesn't matter if you draw,  
or write books. It doesn't matter  
if you saw wood or catch fish.  
It doesn't matter if you sit at home  
and stare at the ants on your veranda  
or the shadows of the trees  
and grasses in your garden.  
It matters that you care.

It matters that you feel.

It matters that you notice.

It matters that life lives through you.

every one of us has a body.  
He says every one of us is frightened.  
He says every one of us must find  
a way to live with fear.

He says everything is alive --  
shells, buildings, people, fish,  
mountains, trees, wood is alive.  
Water is alive.

Everything has its own life.

Contentment is life living through you.  
Joy is life living through you.  
Satisfaction and strength  
is life living through you.

He says don't be afraid.  
Don't be afraid.

Love, feel, let life take you by the hand.

Let life live through you.

In addition, I have begun adding the small gem of ZEN/CHAN Classic 永嘉證道歌  
“Yung-chia’s Song of Enlightenment” (A new translation by Red Pine).

With freshly enriched new learning to share, I am very much looking forward to  
welcoming you ALL on ZOOM September 13th from our River  
House.

[REGISTER HERE](#) for the Autumn Zoom Series.

Until then, Much energizing Jing/Chi/Shen 精氣神 **CHI**-eers coming to you...



Chungliang