

Spring / Summer Living Tao Essential Tai Ji Series — Session One (May 2024)
~ Study Materials ~



Wei Wu Wei

Master Huang’s teaching encourages a holistic approach to Body, Heart/Mind & Spirit study through the practice of Living Tao philosophy, metaphors, and forms. Over the course of this Series, Master Huang will introduce new material in the following practice areas:

- * Classics, Culture & Music: **(Session One: Beethoven’s 9th Symphony)** 易經 Yi Jing / I Ching; 道德經 Tao Te Ching (Dao De Jing) of 老子 Lao Zi’s 81 verses *Wisdom*;
- * Related Calligraphy & Metaphors: **(Session One: 為無為 Wei Wu Wei)**; and
- * Continued Articulation & Development of the Tai Ji Forms.

METAPHORS OF WU WEI



Wei

Wu

“Not interfering with the doing already happening.”

**“Wei and Wu Wei happen immediately one after another in a circular way.
That is how I like to think about tai ji practice.”**

~ Quotes from our Master

CALLIGRAPHY FOR THE SEASON

GOLDEN FLOWER

WU

CHUN

TAO
(CURSIVE)

TAI

AI

QING



YIN / YANG

WEI

TAO

JI

XIN

MING

“Daniel Barenboim: What Beethoven’s Ninth Teaches Us”

The New York Times: May 6, 2024 ~

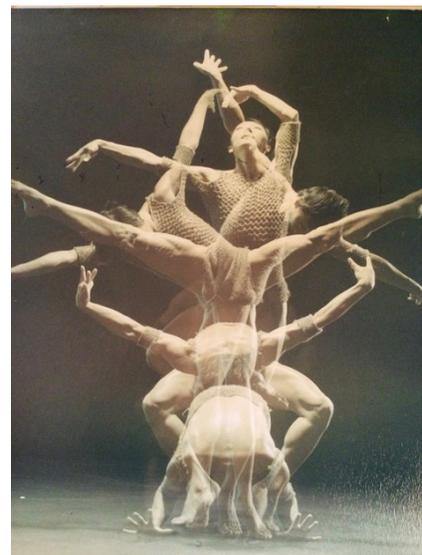
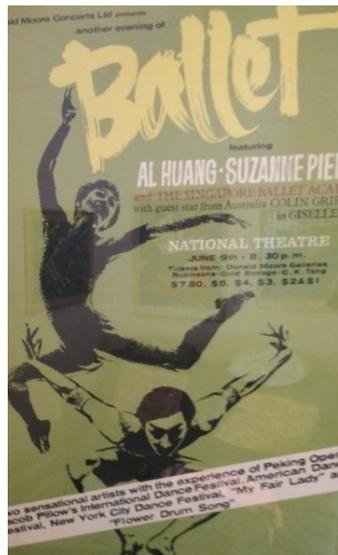
By Daniel Barenboim (Mr. Barenboim is a pianist and conductor)

“By all accounts, Beethoven was courageous, and I find courage an essential quality for the understanding, let alone the performance, of the Ninth. One could paraphrase much of the work of Beethoven in the spirit of Gramsci by saying that suffering is inevitable, but the courage to overcome it renders life worth living.”

~ Get the .pdf

CICADA SONG

Choreography by Al Huang



SUPPLEMENTAL REFERENCES & RESOURCES

MUSIC - Beethoven's 9th Symphony

Thoughtful awareness to awaken our inner listening by remembering how Beethoven's creative process of composing his music's later years. The premiere of the 9th was at the Vienna Kärnthnerthor Theater on May 7, 1824. By this stage Beethoven's hearing had deteriorated to such an extent that conducting the performance was out of the question. Instead, Michael Umlauf led the premiere. A fictionalized film of this process worth viewing is "Copying Beethoven" with Ed Harris playing the composer. Another historic high point was the Berlin Olympics in 1936.

Beethoven's 9th Symphony by Berliner Philharmoniker with Herbert von Karajan. (1977 Deutsche Grammophon)

There have been numerous fine recordings as far back as the Naxos 1935 VPO recording with Weingartner, especially the one in 1951 of Bayreuth Festival Orchestra with Wilhelm Furtwängler Orfeo C754 081B (8/08) which I have always enjoyed dancing Tai Ji to the Adagio molto e cantabile 3rd movement.

Also the recordings of Leonard Bernstein during and after the Fall of Berlin Wall "Bernstein in Berlin: Ode to Freedom" in 1989 and 1990.

Notable historic details---

[Leonard Bernstein](#) conducted a version of the Ninth Symphony at the [Konzerthaus Berlin](#) with *Freiheit* (Freedom) replacing *Freude* (Joy), to celebrate the [fall of the Berlin Wall](#) during Christmas of 1989.^[63] This concert was performed by an orchestra and chorus made up of many nationalities: from [East](#) and [West Germany](#), the [Bavarian Radio Symphony Orchestra](#) and Chorus, the Chorus of the [Berlin Radio Symphony Orchestra](#), and members of the [Sächsische Staatskapelle Dresden](#), the Philharmonischer Kinderchor Dresden (Philharmonic Children's Choir Dresden); from the Soviet Union, members of the orchestra of the [Kirov Theatre](#); from the United Kingdom, members of the [London Symphony Orchestra](#); from the US, members of the [New York Philharmonic](#); and from France, members of the [Orchestre de Paris](#). Soloists were [June Anderson](#), soprano, [Sarah Walker](#), mezzo-soprano, [Klaus König](#), tenor, and [Jan-Hendrik Rootering](#), bass.^[64]

Bernstein conducted the Ninth Symphony one last time with soloists [Lucia Popp](#), soprano, [Ute Trekel-Burckhardt](#), contralto, [Wiesław Ochman](#), tenor, and [Sergej Kopčák](#) [Wikidata], bass, at the [Prague Spring Festival](#)^[65] with the [Czech Philharmonic](#) and [Prague Philharmonic Choir](#) [cs; de] in June 1990; he died four months later in October of the same year.



Chun / Spring



Happy Springtime!



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