

Spring Living Tao Essential Tai Ji Series — Session Two (June 2022)

~ Study Materials ~



Renewal/Creativity ~ Nurturance/Receptivity ~ Thriving/Gratefulness

Master Huang's teaching is designed to delve more deeply into the ongoing exploration of the Living Tao forms, metaphors, and philosophy. The areas of study for this Session include:

- TIME 時間 Shi Jian; SPACE 空間 Kong Jian; and HUMANITY 人間 Ren jian;
- More details of the "Five Moving Forces of Nature" 五行 (Wu Xing); and
- Metaphors of the 2nd, 3rd, and 4th Circles

TIME 時間 SHI JIAN; SPACE 空間 KONG JIAN; AND HUMANITY 人間 REN JIAN

[Refer to May 2022 Session Study Materials]



Heaven

Human

Earth

→

→

→

Connecting

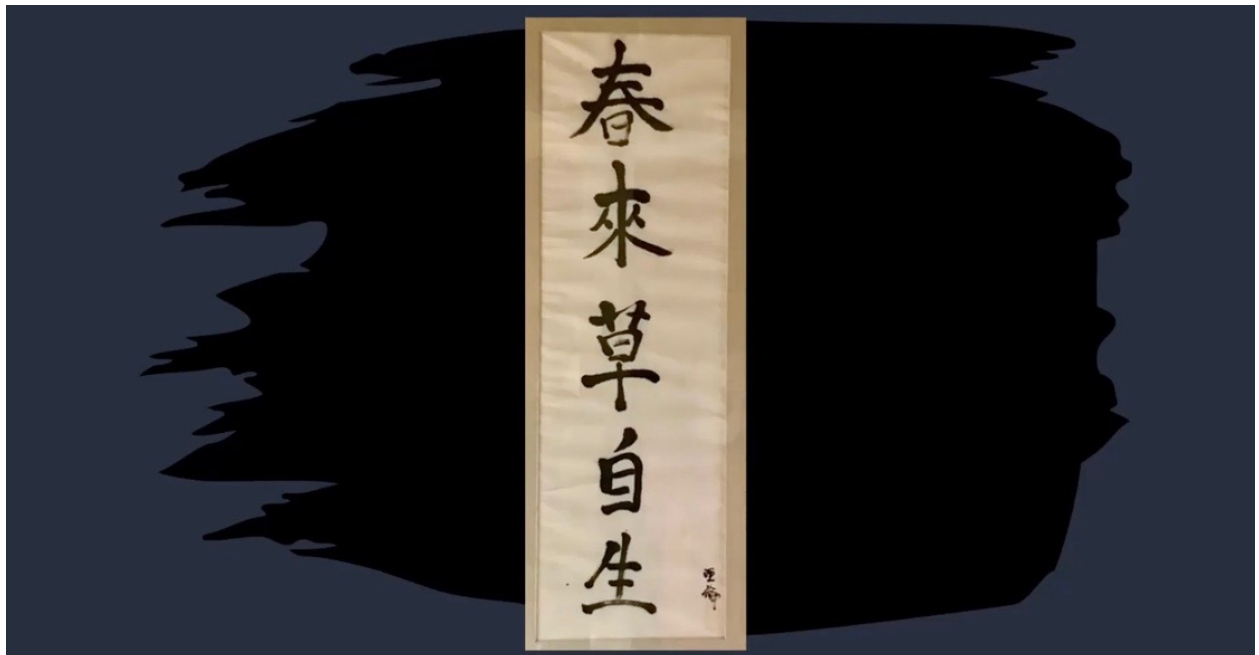
A large, bold calligraphic character in black ink on a white background. The character is '精' (Jing), written in a cursive style with thick, expressive strokes.

Jing - Essence

A large, bold calligraphic character in black ink on a white background. The character is '氣' (Qi), written in a cursive style with thick, expressive strokes.

Qi - Breath

"SPRING COMES GRASS GROWS BY ITSELF"



Calligraphy by Alan Watts



Spring



Comes



Grass Grows



by Itself



Tai – Peace



Open Circle



Tai – Great



Golden Flower – Jing Hua



Ba ji



Jiang He Shui – River Water Flowing



Shui – Water

TAI JI RITUAL – [SEE SEPARATE PDF]

WU XING - THE FIVE MOVING FORCES OF NATURE: ELEMENTS AND SYMBOLS



火 FIRE - HUO 水 WATER - SHUI 木 WOOD - MU 金 GOLD/Metal - JIN 土 EARTH TU

“We shall not cease from exploration
 And the end of all our exploring
 Will be to arrive where we started
 And know the place for the first time...”

T.S. Eliot – Four Quartets, Little Gidding

TOP CALLIGRAPHY

| | | | | | |
|-----|------|-----|------|------------------------|------------------|
| Tai | Shui | Dao | Love | Time Space Human | Flowing Water |
|-----|------|-----|------|------------------------|------------------|

MIDDLE CALLIGRAPHY

| | | | | | |
|----|-------|------------------|-------|------|----|
| Ji | Tiger | Golden Flower | Wu Ji | Jing | Qi |
|----|-------|------------------|-------|------|----|



BOTTOM CALLIGRAPHY

| | | | | |
|-------------------------|----------------|-----------|-------------------------------|--|
| Don Nan Xi Bei | War & Peace | Ying/Yang | Heaven Earth are One | Embrace Tiger Return to Mountain |
|-------------------------|----------------|-----------|-------------------------------|--|



Feng Shui
Wind Water



Feng Liu
Graceful Flow



Dao Liu
Flowing Dao

**LOOKING AHEAD TO 2ND, 3RD, & 4TH CIRCLES
PRACTICE & METAPHORS**

2ND CIRCLE

Fist – Quan /Palm – Zhang

Slanted Flight – Xie Fei

Needle at the bottom of the ocean
(Digging Deeper)

3rd Circle

Discover new energy that you can ride on
Riding the horse
Cloud Hands
Hitting the Tiger

4th Circle

Turning Cloud Hands
Snake Creeps Down & Golden Rooster