

Winter Living Tao Essential Tai Ji Series — Session 3 (April 2022)

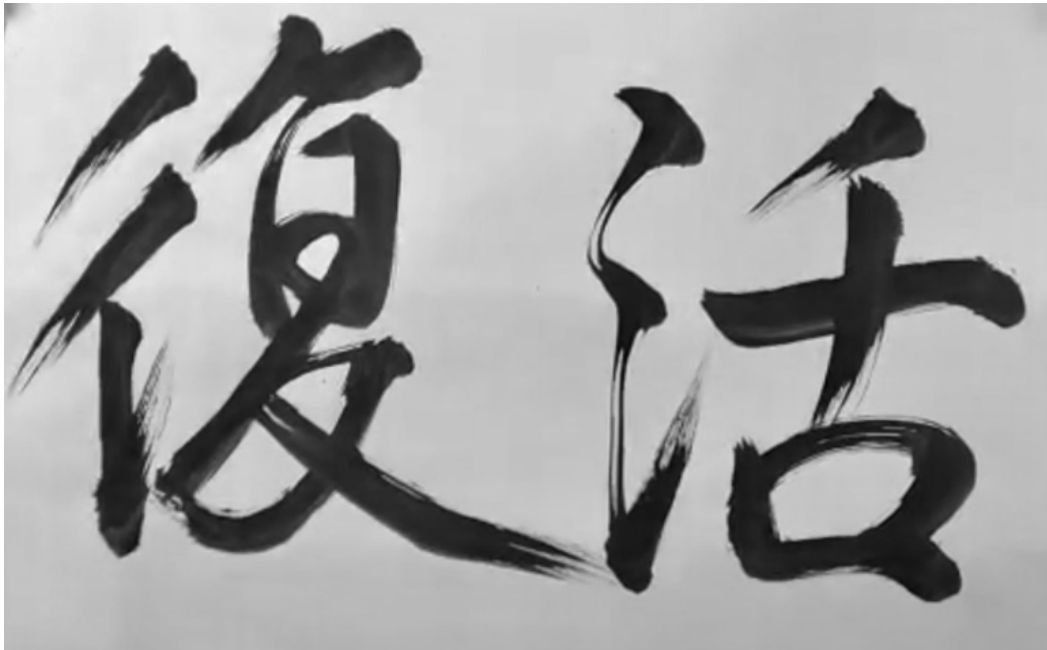
~ Study Materials ~



This series is designed to delve more deeply into the ongoing exploration of the Living Tao forms, metaphors, and philosophy. The areas of study for Session Three include:

- *The Easter spirit of “Resurrection: Fu Huo 復活 in Chinese literally depict a “Turning Point”, as in the Hexagram #24 復 in the I Ching, and 活 “To Come Alive”;*
- *More details of the “Five Moving Forces of Nature” 五行 (Wu Xing); and*
- *The metaphors in the Tao Te Ching (Dao De Jing).*

EASTER / FÙ HUÓ



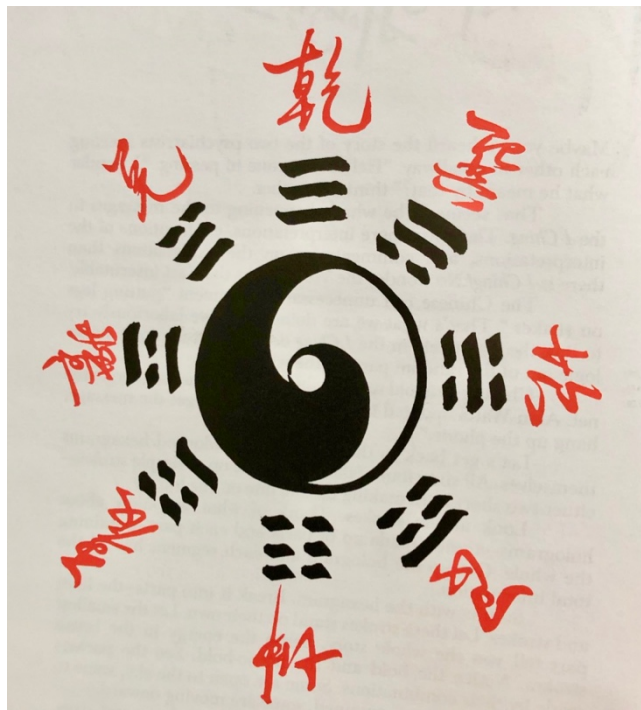
Return / Turning Point

To Come Alive

FÙ HUÓ and HEXAGRAM #24- FÙ



BA GUA



[From Quantum Soup by Chungliang]



乾 Qian / 坤 Kun

天 Heaven / 地 Earth

離 Li / 坎 Kan

火 Fire / 水 Water

巽 Xun / 震 Zhen

風 Wind / 雷 Thunder

艮 Gen / 兌 Dui

山 Mountain / 澤 Lake

READING OF Yi JING 24 – FÙ



Earth (坤 Kun) over Thunder (震 Zhen)

“At the turning point, there is freedom for going out and coming in without hindrance. There are advantages in all directions!”

[From 2002 I Ching Calendar by Chungliang]

DANCE OF SHIVA



TONG REN / REN JIAN

Within the human race, everything the same

同人 tong ren (Same as other human beings and 人間 ren jian (amongst human beings)

~ Thank you, Johannes

SHENG TIAN /ASCENDING



JOYFULLY PARTICIPATING IN THE SORROWS OF THE UNIVERSE

Chanting of the Compassionate Bodhisattva

Translation by John Blofeld

FIVE MOVING FORCES – WU XING – METAPHORS

**[Refer to Supplemental References]*

FEI / FLIGHT



DAO DE JING (TAO TE CHING) VERSE 25

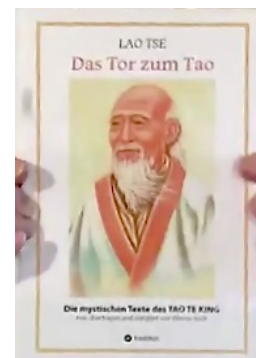
道 dào 法 fǎ 自 zì 然 rán / Dao follows nature

**Human beings follow the way of earth
Earth follows the way of Heaven
Heaven follows the way of Dao
Dao follows the way of nature (spontaneous, naturally s0)**

SUPPLEMENTAL REFERENCES

Lao Tse: Das Tor zum Tao: Die mustischen Texte des TAO TE KING*
neu übertragen und redigiert von Werner Beck
Tradition Verlag & Druck
**This book is available in German only*

[Lao Tse: The Gateway to the Tao: The Musical Texts of Tao Te Ching]
[Retranslated and Edited by Werner Beck]
[Traditon Publishing & Printing]



Dance of Siva : Essays on Indian Art and Culture

by Ananda Kentish Coomaraswamy

MUSIC

Prayer for Ukraine, Valentin Silvestrov: (2014)

Kyiv Choir

Mykola Hobbdych (conductor)

https://www.youtube.com/watch?v=YuzS_ZS2czY

The Metaphors from “Traumgarten”

by Hans and Andreas Vollenweider

Freedom, Jon Batiste

<https://www.youtube.com/watch?v=3YHVC1Dchmo>

**The following material can be found in previous session study materials, which have been posted on the Living Tao website:*

October 2021 Study Materials

- Wu Xing (Five Moving Forces)

February 2022 Study Materials

- Tai Ji Chakras (Zhong, Yong, An, Ding Nei, Guan, Yin)

SPRING IS SPROUTING / EASTER RESURRECTION

