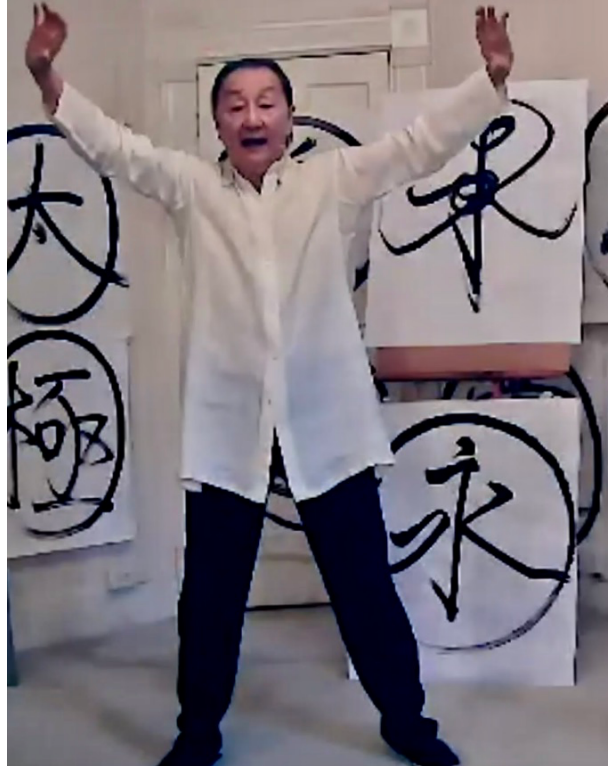
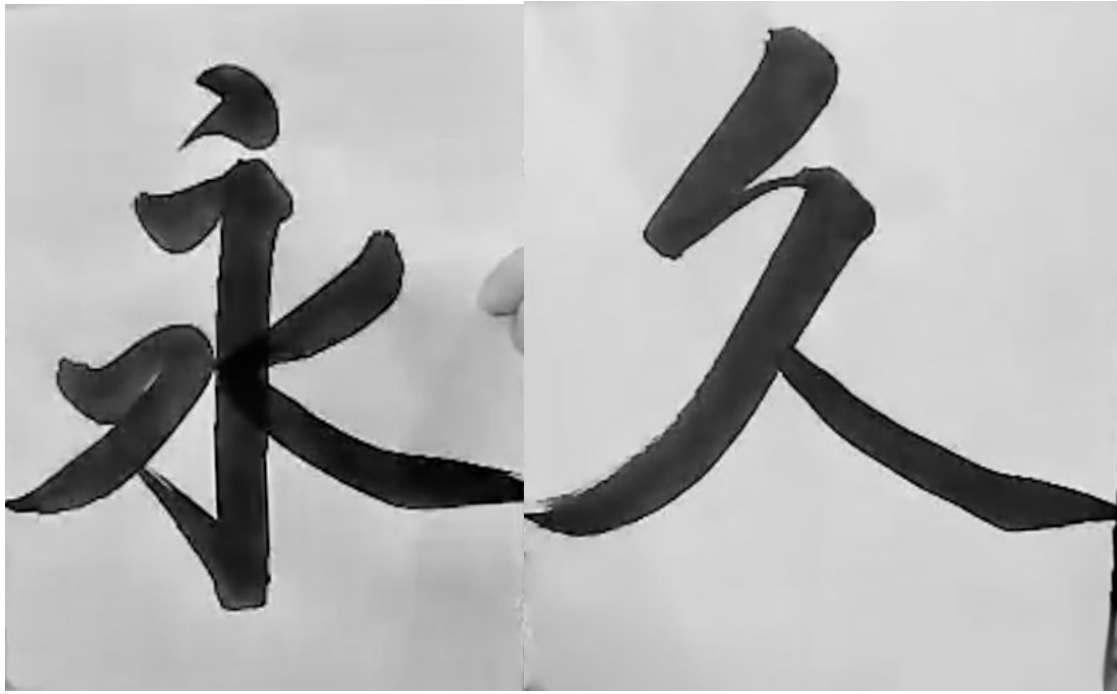


Autumn Tai Ji Study Series – Session Two Study Materials

Playing with Circles and using the symbols of **Eternal Flow** 永久 and perennial Tao Philosophy to creatively expand the Form study, revealing fresh meanings and new metaphors with the core movement forms.



Yǒng – cursive



Yǒng Jiǔ = Eternal flow



Infinity/Mobius Strip

The beginning of each Living Tao circle form:
Infinity/Mobius Strip action based on the traditional **Lan Que Wei** = Grasping Swallows Tail



Mobius Strip carving by Pius Brogle



Infinity: Brush and Ink

The next movement series following the beginning:

Peng, Lu, Ji, An

Excerpted Poetry

***Parables of the Hostages* - by Louise Glück**

“...What if war
is just a male version of dreaming up,
a game devised to avoid
profound spiritual question?”

***Four Quartets (Little Giddings)* - by T.S.Eliot**

“We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time.

***The Second Coming* - by W.B. Yeats**

“...The best lack conviction while the worst
are full of passionate intensity.
Surely some revelation is at hand....”

***A Sleep of Prisoners* - by Christopher Fry**

“...Thank God our time is now when wrong
comes up to face us everywhere
never to leave us till we take
the longest stride of soul we ever took...”

***The Three Oddest Words* - by Wislawa Szymborska**

When I pronounce the word Future,
the first syllable already belongs to the past.
When I pronounce the word Silence,
I destroy it.
When I pronounce the word Nothing,
I make something no non-being can hold.

***I Live My Life in Growing Orbits* - by Rainer Maria Rilke**

“... I live my life in growing orbits
which move out over the things of the world.
Perhaps I can never achieve the last
but that will be my attempt....”

<https://www.youtube.com/watch?v=FjQAiZwtJo4>